



FL PANHANDLE

LOCAL'S GUIDE

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I SCOUR THE FARM STANDS AT Seaside Farmers Market. Make sure to visit Uncle Fool's Smokehouse. I think his barbecue sauce flavors are crazy and unique. I always look forward to seeing what new products he has. seasidefarmersmarket.wordpress.com

I'M TAKING MY DATE TO Camille's at Crystal Beach in Destin to eat fresh sushi and listen to live music on Friday night. It's often my dad or brother, both local musicians, who are playing. camillesatcrystalbeach.com

I'M TAKING A PICNIC BLANKET TO St. Andrews State Park in Panama City Beach. It's located on the beach, but it also has woods and tons of wildlife. floridastateparks.org

I FIND SHADE AT Eden Gardens State Park [an 161-acre estate with gardens and an 1897 home] (floridastateparks.org). It's extremely peaceful, since it's not on the beach and doesn't get as crowded in the summer.

MY ROAD TRIP PLAYLIST INCLUDES local reggae band Heritage. Check out the song "Spread Love." heritageband.com

I HIT HAPPY HOUR AT Great Southern Café in Seaside. From 4 to 6 p.m., they serve a dozen oysters on the half shell for \$6 and half-price drinks. thegreatsoutherncafe.com

MY PERFECT SUMMER DAY starts with surfing, then lunch at Rincon Boriqua (850/863-3323), a Latin restaurant in Fort Walton Beach. Before sunset, I'd get in a SUP [stand-up paddleboarding] session at YOLO Board +

Beach (yoloboard.com).

I AM TRACKING DOWN the Raw & Juicy truck in Seaside for a shot of wheatgrass and juice made with ginger, pineapple, and banana. 850/231-0043

MY SUMMER UNIFORM INCLUDES Vans shoes from PLUSkateboard (pluskateboarding.com), board shorts from Fluid Surf Shop (fluidsurfshop.com), and printed T-shirts from 30A Gear (30agear.com).