

10Best: Juice bars across the country

Top cold-pressed locales to discover



By **Stacie Standifer**
Nashville Local Expert
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Carrot juice
Photo courtesy of photka_istock

These juice bars offer organic, freshly prepared juice, helping avoid weight gain, bloating and fatigue while traveling. Don't be fooled by prepackaged 'super juice' in food markets. Most are filled with as many calories and preservatives as a sugar filled soda.

1. Kale Me Crazy -- Atlanta, GA

This juice bar has steady traffic, thanks to its energy boosting, kale-based blends.

kalemecrazy.net

2. Juice Core-- Scottsdale and Phoenix

The best bodies in the area line up to drink daily fruit and veggie combos

juicecore.com

3. Juice Nashville - Nashville

Two locations, including a hip Gulch neighborhood pick-up spot for busy music industry celebrities

thejuicenashville.com

4. My Glow Bio - Los Angeles

NYT best-selling author/health expert Kimberly Snyder's flagship near Melrose Avenue

myglowbio.com

5. Clover Juice - Los Angeles

3rd Avenue shoppers swear by a little splash of goodness near West Hollywood and Beverly Center

cloverjuice.com

6. Fresh Juice Bar - Palm Desert, CA

The healthiest way to stay hydrated; also known for selling *Desert Detox Diet* essentials

freshjuicebar.com



Mixing it up in Palm Desert's best juice bar

7. Pressed Juicery - Southern Calif.

SoCal beach goes count on the cleverly packaged treasures from this powerhouse company

pressedjuicery.com

8. Melvin's Juice Box-- New York

Devotees flock to Melvin's in the back of Miss Lily's in SOHO, or at downtown's Dream Hotel

melvinsjuicebox.com



Melvin's Juice Box in SOHO
Photo courtesy of Stacie Standifer

9. Juice Press - New York

Several near top Manhattan hotels but JP veggie buzz also in Brooklyn and South Hampton outposts

juicepress.com

10. Raw & Juicy -- Seaside, FL and Seacrest, FL

Fresh produce on tap to tourists and locals, from an Airstream trailer

www.rawandjuicylife.com